

Program Outline
Diploma in Osteopathic Manual Therapy

Brief Program Description

Osteopathy is a branch of medical practice that emphasizes treatment by massage, stretching and manipulation to create musculoskeletal well-being and to rebalance the body's structure to enhance nerve function and blood flow. In this two year program, you will gain an understanding of key areas like the spine, hips, knees and ribs.

750 teaching hours are allotted per year for Year 1 and Year 2 (attendance in the theoretical-practical classes, study and interaction with the virtual campus, study of the research methodology, study of clinical practice, personal theoretical study).

950 teaching hours are allotted per year for Year 3,4 and Year 5 (attendance in the theoretical-practical classes, study and interaction with the virtual campus, study of the research methodology, study of clinical practice, personal theoretical study)

Admission Requirements

All applicants should provide proof of satisfactory completion of training in a discipline with a focus on human anatomy, physiology from a recognized institution. This can include, but not limited to, the following disciplines:

- Kinesiology
- Chiropractic
- Nursing
- Physiotherapy
- Fitness
- Massage Therapy
- Traditional Chinese Medicine

English Language Requirement:

- CLBA 7
- TOEFL 71
- IELTS 6.0 with no band less than 5.0

Learning Objectives*

YEAR 1 - 750 Hours

- Introduction to Osteopathy,
- Lumbar spine
- thoracic Spine
- Pelvic girdle
- Cervical Spine
- Scapular girdle
- Elbow, Wrist and Hand.
- Exam

Diploma in Business - Year 1

YEAR 2 - 750 Hours

- Thoracolumbar junction, diaphragm,
- hip and knee.
- Ribs. Cervico-Brachial Neuralgia, C5-C6,
- Cervicothoracic junction and 1st rib. 6 days
- Ankle, foot
- Integration of the osteopathic concepts.
- Exam

YEAR 3 - 950 Hours

- Disc prolapses and sciatica.
- Temporo-Mandibular Joint 1st part
- Introduction to Cranial Osteopathy. Sphenobasilar synchondrosis
- Temporal bone, Occipital and Parietal.
- Introduction to Visceral Osteopathy. Stomach, Duodenum
- Neurovegetative System.
- Exam

YEAR 4 - 950 Hours

- Sacrum
- Structural/ Functional British Techniques.
- Myofascial release 1st part.
- Visceral Osteopathy: Biliar duct, Intestines, liver.
- Gynecology, prostate and coccyx.
- Cranial Osteopathy: Frontal, Ethmoid, nasal bone, Unguis
- Temporo-Mandibular joint 2nd part.
- Exam

YEAR 5 - 950 Hours

- Craniocervical junction, Migraines
- Otorhinolaryngology and Ophthalmology.
- Heart, Lung, Kidney, Bladder and Lymphatics.
- Myofascial release 2nd part. Cranio Sacral Therapy and Whiplash.
- Pediatric Osteopathy I
- Pediatric Osteopathy II.
- Arterial Osteopathy.
- Exam

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Method(s) of Evaluation*	Candidate Evaluation will be via Examination, Simulations , Role Plays and Case Studies .
Completion Requirements*	A Candidate has to attain a minimum score of 50 % in all assessments.
Program Duration	It is a 5 year program consisting of 10 semesters
Homework Hours	Program Homework Hours will be of Approximately 20 hours per week based on the each unit
Delivery Method(s)	International Students must attend in-class lessons as a requirement for their study permit. <input checked="" type="checkbox"/> In-class instruction <input type="checkbox"/> Distance education <input type="checkbox"/> Combined delivery (both in-class and distance)
Required course materials	Textbook List: